

HOCKEY BY-LAWS

A. ELIGIBILITY

Contact

A player who appears on a game sheet with a Junior Hockey Team on or after **December 1** shall be ineligible to play for his school team for the remainder of the season.

Non-Contact

Students who appear on a game sheet with a AA or AAA hockey team after October 1st shall be ineligible to play for his school team for the remainder of the season.

Girls

No competitor is eligible for OFSAA-sanctioned events whose name has appeared on a game sheet, and has dressed, after **December 1st** for any of the following **Senior AAA teams of the CWHL, or who is a member of the National Junior Under 22, National Junior Under 18 or National Senior team.:**

*A player must play in a minimum of **three (3)** regular season games to be eligible for post season play. This regulation may be appealed to the Board of Athletics (possible reasons include injury or illness).*

B. PROTECTIVE EQUIPMENT

All players must wear a C.S.A. approved helmet and face mask.

All players must wear an approved throat protector.

All players must wear a mouth guard.

All players helmets must have earpieces.

C. RULES

All NCSSAA Hockey leagues will be governed by Hockey Canada rules, with the following exceptions:

i) No centre red lines for off-sides.

ii) Teams may dress an unlimited number of skaters and a maximum of two goalies.

iii) During co-incidental minor penalties, teams play 5 skaters a side.

iv) Boys' teams must have a minimum of 10 skaters, plus a goalie, to constitute a game.

Girls' teams must have a minimum of 9 skaters, plus a goalie, to constitute a game.

v) Non-Contact and Girls – no deliberate body contact allowed.

vi) NCSSAA representatives to boys' OFSAA Hockey Championships must have at least 13 skaters and 2 goalies available for the entire championship. NCSSAA representatives to girls' OFSAA Hockey Championships must have at least 10 skaters and 2 goalies available for the entire championship. If the required number of eligible participants is not available, then the entry shall be offered to the runner up finalist.

D. CODE OF CONDUCT

Players or coaches are responsible not only for their own safety but also for the safety of their opponents. Their conduct prior to, during, and after a game, is a reflection not only of themselves, but also of their team, coach, school, and the N.C.S.S.A.A. Following is a list of consequences for those violating Hockey Canada rules.

1. Misconduct and Match Penalties:

A player or coach who is assessed any of the following:

- A misconduct penalty within the last 10-minutes of the game
- A game misconduct penalty; any time prior to, during or after a game
- A gross misconduct penalty
- A match penalty:

will be assessed, in addition to those sanctions in Hockey Canada rules as follows:

First Offense: minimum 2 game suspension

Second Offense: suspension for the remainder of the season and play-offs

2. Fighting

A player who engages in a fight prior to, during or after a game will be assessed:

First Offense: minimum 2 game suspension

Second Offense: suspension for the remainder of the season and play-offs.

The player who is assessed an instigator or aggressor penalty, will be assessed an additional game suspension.

A player who does not report to his bench immediately when a fight breaks out will be assessed a one game suspension.

A player who leaves his bench, or the penalty box, when a fight breaks out will be suspended for the remainder of the season and play-offs.

3. Major Penalties

A player who receives a major penalty will also be assessed a game misconduct.

4. Minor Penalties

Three (3) Minor Penalties in a Game: A player receiving a third minor penalty in a game will automatically sit out the remainder of that game. A double minor penalty counts as two minors.

5. Game Ejection Penalty

Players who are assessed a Game Ejection penalty for equipment infractions will sit out the remainder of that game. No further suspensions will be assessed.

Players or coaches who are assessed a Game Ejection penalty for infractions other than equipment related, will be assessed:

First Offense: 2 game suspension

Second Offense: suspension for the remainder of the season and play-offs.

NOTES:

- a) *SUSPENSIONS ASSESSED DURING REGULAR SEASON PLAY CARRY-OVER INTO PLAY-OFFS.*
- b) *PLAYERS WHO HAVE BEEN EJECTED FROM GAMES, MUST REMAIN IN THE TEAM CHANGEROOM UNTIL THE END OF THE GAME, OR UNTIL RELEASED TO A SUPERVISORY ADULT.*
- c) *TEAMS THAT ACCUMULATE 5 OR MORE PENALTIES THAT HAVE RESULTED IN PLAYER/COACH SUSPENSIONS; WILL RECEIVE A LETTER OF CONCERN FROM THE ATHLETIC CO-ORDINATOR. COACHES MUST RESPOND IN WRITING, WITH A PLAN OF ACTION TO ADDRESS THE SITUATION. FAILURE TO DO SO WILL RESULT IN IRRETRIEVABLE DEFAULTS OF ALL FUTURE GAMES. (FROM THE DATE OF RECEIPT OF THE LETTER OF CONCERN)*
- d) *IT IS THE RESPONSIBILITY OF THE COACH TO VERIFY ALL INFORMATION ON THE GAME SHEET. ANY CONCERNS MUST BE WRITTEN ON THE GAME SHEET THAT IS FORWARDED TO THE CONVENOR.*

E. TIMING

Depending on the ice time available, games will be timed as follows:

1.0 Hour Game – 1.0 Hour Game – 10-10-12 minute periods – stop time

1.5 Hour Game** – *3 x 15 minute periods* – stop time

2.0 Hour Game** – 3 x 15 minute periods – stop time

** *A flood should take place, between the second and third period in boys' games.*

IF ICE TIME EXPIRES BEFORE THE END OF THE GAME, THE SCORE AT THAT TIME WILL BE THE OFFICIAL FINAL SCORE.

Minor penalties will be 2 minutes stop time.

Major penalties will be 5 minutes stop time.

F. PLAY-OFFS

- a) All preliminary, quarter-final, and semi-final rounds will be single game eliminations.
- b) Championship Finals will be 2 out of 3 series.
- c) Where league entries justify, a Tier 2 Play-off will be organized. (Minimum of 4 teams)

G. Seasons of Play

Girls Tier 2	2 nd week of October to 3 rd week of December
Non-Contact	2 nd week of October to 3 rd week of December
Girls Tier 1	2 nd week of December to 3 rd week of March
Contact	2 nd week of December to 3 rd week of March