

ALPINE SKIING BY-LAWS

1. Entry:

- (a) Each team may consist of 5 racers and one substitute. Once declared you cannot make changes. The substitute replaces the absent racer. No changes will be made to the start order.
- (b) Each school may enter one level one team and one level two team in each of the boys and girls divisions.
- (c) Team eligibility (declared using the OFSAA AELS form) racer profile forms and practice form **MUST** be mailed to the convenor to arrive one week prior to the championship race. Late entries will result in a non-appealable \$50 fine. Fine must be paid before the first championship race.
- (d) Schools must enter the NCSSAA Championship race first, then enter the Novice race. See Novice bylaws for race rules.
- (e) No team will be allowed to compete unless accompanied by a supervising teacher. Each school will provide at least one coach/teacher and two students or parents to work as officials at each race. These names must be provided at registration prior to the race.

2. Levels:

There will be two levels to enter racers into and they will be defined as follows:

Level 1 - Participants are school-trained athletes only. No ski league affiliation, past or present, beyond Nancy Greene League or the equivalent is permissible.

Level 2 - Participants are those skiers who have trained beyond the Nancy Greene level.

3. Events:

- (a) The events to be conducted are:

Levels 1 and II	
Girls' Slalom	Boys' Slalom
Girls' Giant Slalom	Boys' Giant Slalom

- (b) The competitions shall take place over two days.
- (c) Races will be two runs for each event if possible. The decision as to the starting time of the second run shall be left to the discretion of the race committee.
- (d) The start order will be: Level 1 Girls, Level 2 Girls Level 1 Boys, Level 2 Boys.
- (e) Changes may occur at the discretion of the convenor.

(f) In the case of inclement weather, if busses are not available or if the ski hill is closed the following will occur:

-If this occurs on the first day of the two day competition, the second day will be the championship consisting of two single run races, one slalom and one giant slalom.

-If this occurs on the second day, the first day results will be used as the championship and as the OFSAA qualifier.

4. **Eligibility:**

(a) Eligibility of the individuals must be in accordance with the N.C.S.S.A.A. constitution and subject to O.F.S.A.A. Rule 7C. A member of the current year's provincial team, or higher, is ineligible for NCSSAA competition.

(b) Coaches are responsible for checking racer level eligibility with the convenor prior to submitting entries. Any team with an ineligible racer will be disqualified.

(c) To be eligible for N.C.S.S.A.A., a school and its skiers must do the following:

- A school team skier is defined as an individual who practices under the direction and supervision of the designated teacher coach from November 1 until the N.C.S.S.A.A. championship

-Each ski team member's attendance at school practices and school race dates must be documented.

-A full day practice may count as two practices as long as the athletes are training together as a school team for two time blocks.

- A list of practice and race dates must be signed by the school principal, athletic director and coach and submitted with the entry to the convenor.

5. **Rules :**

The current F.I.S. rule book shall govern competition with the following O.F.S.A.A. exceptions:

(a) Starting Order - In the first run of each event, each school shall have a skier drawn in the first seed section. For the first run, each seed shall be drawn independently and randomly. For the second run, the F.I.S rulebook shall be followed ['Bibbo' system, i.e. first thirty (if it is a small field size it will be the first 15 at the discretion of the convenor places after the first run ski in reverse order in second run and remaining skiers ski in order in which they finished after first run.] Racers will keep the same bib number for both the giant slalom and slalom events.

(b) FIS rules will apply to course inspection. Racers will be allowed to side slip the course. Running gates or shadowing is forbidden. The course is closed until the Jury prior to the race has given inspection direction. Any changes to this are at the discretion of the Technical Delegate.

(c) On each course there shall be a technical delegate, chief of race, chief of course, referee, assistant referee, starter and assistant starter, chief time keeper and assistant, finish referee, chief gatekeeper and gatekeepers as required. The voting members of the jury are the Technical Delegate, Chief of Race and Referee.

(d) Each team must provide at least two gatekeepers for each race. Racers may also gate keep. Teams without gatekeepers may be disqualified.

(e) If a racer misses their start they may run at the end of their level.

(f) In the case of missed times by the chief timekeeper, reruns will be granted.

6. **Scoring** :

(a) The competitor with the fastest total time in each event shall receive 1 point; the 2nd fastest time, 2 points; 3rd fastest time, 3 points; etc. In the case of ties, the competitors will be scored the same and appropriate places left out.

(b) Disqualifications -

1. DQ in the 1st run will not receive a second run (a provisional run may be given only by jury).

2. DNF's, (Did Not Finish) and those who missed gates shall receive a score which is twice the number of disqualifications or 50% of the total field, whichever is greater, added to the last proper score in that event.

Disqualifications do not include DNS (Did Not Start), profanity, unsportsmanlike conduct, other infractions, changed numbers, etc. Such competitors will not be assigned a score.

3. Profanity and unsportsmanlike conduct at any time on race day are grounds for disqualification.

(c) Although we do recognize individual finishes, high school skiing is a team sport. Team scores will be calculated by adding the best three individual scores for that team in Slalom plus the best three individual scores in Giant Slalom. In the case of a tie, the lowest total of individual times of the three racers will be used. If a tie still exists the place of the tied fourth place finisher shall be used. The team with the lowest aggregate score is declared the winner. Teams do not need three racers to finish to score points.

(d) The combined team score will be the total of the Slalom and Giant Slalom team scores, should a school compete in both the girls' and boys' races in Level 1 and Level 2 events.

7. **Equipment**:

(a) In both the Giant Slalom and Slalom events, hard shell crash helmets (designed for Giant Slalom alpine ski racing) which provide complete head protection (front and back) and full ear protection are mandatory for all competitors and coaches for both training and racing.

(b) All competitors are expected to dress in clothing that is safe, neat, clean and which maintains the integrity of the school and the Association. No sport club insignia on clothing shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi sport

programs. Sponsorship recognition is permitted to be visible but must conform with the placement guidelines outlined in NCSSAA By-Law 6, Section 2 (h). This criteria must be met both on and in the immediate vicinity of the competitive area and during the awards ceremonies

(c) Race bibs must not be worn over ski jackets.

8. **Awards:**

Medals for the first and second levels one and two teams will be presented.

The Tommy Family Trophy will be presented to the top Level One combined girls and boys team; the Art Lovett Trophy to the top girls' Level One team, the John Irvin Trophy to the top boys' Level One team, Ann Heggteveit trophy to the Level Two girls' team; the Dalton Wood trophy to the top Level Two boys' team and the Macintyre/Wright trophy to the top level two combined girls and boys team.

Individual awards shall be presented to the top three girls and boys in each of the Level 1 and Level 2 boys' and girls' events.

9. **O.F.S.A.A:**

For a racer to be eligible to compete at the O.F.S.A.A meet, they must have been entered and participated as members of the school's team of five skiers.

The top Level 1 and Level 2 girls' and boys' combined Giant Slalom and Slalom team winners and top individual winners in each level will be eligible to compete at the O.F.S.A.A. Championships.