

COMPETITIVE COED SWIMMING BY-LAWS

COMPETITIVE GROUPS:

Girls' and Boys' events in Novice, Junior and Senior Divisions.

NOTE: Novice Events

- 1) are open to novices (see definition)
- 2) are open to both age groups (Jr. & Sr.)

FINALS:

The best eight (8) times for each event will qualify for the finals. In the event swimmers scratch from the finals, swimmers will move up from the consolation finals and their places will be filled by the designated alternates.

CONSOLATION FINALS:

1. These will be swum prior to each final.
2. They will be for the next fastest eight (8) times.
3. In addition there will be two (2) alternates.
4. Finals and Consolation finals will be swum, provided there are two (2) swimmers or teams.

SCORING:

Individual Events	-Finals 18, 16, 15, 14, 13, 12, 11, 10
	- Consolations 9, 7, 6, 5, 4, 3, 2, 1
Relays	- Finals 36, 32, 30, 28, 26, 24, 22, 20
	- Consolations 18, 14, 12, 10, 8, 6, 4, 2

CHAMPIONSHIPS:

Winners will be declared and trophies awarded in the following categories:

1. Grand Aggregate
2. Girls' Aggregate
3. Boys' Aggregate
4. Junior Girls
5. Junior Boys
6. Senior Girls
7. Senior Boys
8. Novice Girls
9. Novice Boys

AWARDS:

1. Medallions will be awarded to the first three places in finals.
2. Ribbons will be awarded to the first two places in the consolation finals.
3. Swimmers who break NCSSAA records in individual or relay events will have the record inscribed on their medallions.

DEFINITIONS:

1. CLUB SWIMMER - a swimmer who has been with a competitive swim club for more than six (6) months, unless he/she has withdrawn from the club 12 months prior to September 1st of the current school year.
2. NOVICE SWIMMER - a swimmer who has never belonged to a competitive swim club (i.e. Go Kingfish, synchro & water polo clubs, Nepean-Kanata-Bayshore, Tsunami, etc.) or has never competed in a High School City Swimming Championship (or its equivalent).

TIMERS:

Each school is responsible for supplying two (2) timers for the meet. Please bring two (2) stopwatches (in working order) to the meet.

RULES:

1. The meet will be conducted under Swim Canada Rules.
2. A school is allowed TWO (2) entries per individual event (except novice with three (3) entries per individual event) and ONE (1) entry per each relay event.
3. (a) Each competitor may enter a maximum of TWO (2) individual events plus TWO (2) relays.
(b) All alternates must be listed on the main entry grid and may be substituted for an ill or injured swimmer in the preliminaries. If this swimmer qualifies, he/she may not be replaced in the finals
4. In individual events, **SENIOR MUST SWIM SENIOR** – Novice/Juniors may swim junior or senior, provided they do not swim the same individual event in novice/junior and senior.
5. Club swimmers will be limited to the following events:
 - a) All relays
 - b) 100 I.M. for Juniors only
 - c) 200 I.M.
 - d) 50 fly
 - e) 100 free
6. Only **TWO (2)** club swimmers are allowed on any relay team.
7. Anyone whose name is on the entry sheet may swim on a relay team, provided all other relay rules are followed.
8. Failure to comply with the above rules may result in the disqualification of the team.